



REGULAR SEASON PRACTICE SCHEDULE - SEPT 25 ONWARD

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
13U Co-Ed Foundations						10:15am-12pm WG	9:45-11:30am WG
15U Found Boys	7:30-10pm WG					10:15am-12pm WG	9:45-11:30am WG
15U Found Girls			7:30-10pm WG			10:15am-12pm WG	9:45-11:30am WG
15U HP Boys	7:30-10pm WG		6:45-9:30pm FW	7-9:30pm FW		2:15-4:45pm FW	5:30-8pm FW
15U HP Girls	6:45-9:30pm FW		7:30-10pm WG	7-9:30pm FW		2:15-4:45pm FW	5:30-8pm FW
17U / Senior HP Boys	7:30-10pm WG		6:45-9:30pm FW	6 - 8pm WG (Dryland and Swim Conditioning)	7:30-10pm WG	6:30-9:00pm WG	6:45-10:00am WG
17U / Senior HP Girls	6:45-9:30pm FW		7:30-10pm WG	6 - 8pm WG (Dryland and Swim Conditioning)	7:30-10pm WG	6:30-9:00pm WG	6:45-10:00am WG

FW: FLEETWOOD POOL (SURREY SPORT AND LEISURE COMPLEX)
WG: WALNUT GROVE COMMUNITY CENTRE

***SCHEDULE MAY CHANGE DEPENDING ON REGISTRATION NUMBERS TO ENSURE BEST USE OF ALLOTTED POOL SPACE

POOL ADDRESSES:

FW: SURREY SPORT AND LEISURE COMPLEX - 16555 FRASER HWY #100, SURREY

WG: WALNUT GROVE COMMUNITY CENTRE - 8889 WALNUT GROVE DR. LANGLEY TWP

PRACTICE SCHEDULE - SEPT 11-24

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
13U Co-Ed Foundations							5:30-8pm FW
15U Found Boys							5:30-8pm FW
15U Found Girls							5:30-8pm FW
15U HP Boys			6:45-9:30pm FW			2:15-4:45pm FW	5:30-8pm FW
15U HP Girls	6:45-9:30pm FW					2:15-4:45pm FW	5:30-8pm FW
17U / Senior HP Boys	6:45-9:30pm FW		6:45-9:30pm FW	7-9:30pm FW		2:15-4:45pm FW	
17U / Senior HP Girls	6:45-9:30pm FW		7:30-10pm FW	7-9:30pm FW		2:15-4:45pm FW	

FW: FLEETWOOD POOL (SURREY SPORT AND LEISURE COMPLEX)